DOCUMENT RESUME

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TITLE	Practical Parenting 1-5 Years: Child and Youth Health: South Australia. Leader's Guide and Parent Book.
INSTITUTION	Australian Council for Educational Research, Victoria.
ISBN	ISBN-0-86431-198-2; ISBN-0-86431-199-0
PUB DATE	1996-00-00
NOTE	426p.
AVAILABLE FROM	Australian Council for Educational Research Ltd., 19 Prospect Hill Road, Camberwell, Melbourne, Victoria, 3124, Australia (Leader's Guide, $75.00 Australian Dollars; Parent's Book, $19.95 Australian Dollars, plus 10% shipping and handling).
PUB TYPE	Books (010) -- Guides - Non-Classroom (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Child Behavior; *Child Development; Child Health; Discipline; Foreign Countries; Interpersonal Communication; Leaders Guides; *Parent Child Relationship; *Parent Education; Parent Materials; *Parenting Skills; Play; Preschool Education; Safety; Self Esteem; Sexuality; Toddlers; Young Children
IDENTIFIERS	Parenting Styles

ABSTRACT

This parent education kit, which contains both a parent book and guide for parent-group leaders, is based on the philosophy that children's needs and abilities change as they develop and that parenting needs to respond to these changes. The kit is also based on the understanding that children develop as part of a family and that relationships are fundamental to their development. Rather than suggesting immediate solutions, the kit provides assistance in problem-solving and relationship-building; thus a wide range of options and strategies is offered. The parent book contains 10 chapters: (1) Styles of Parenting; (2) Child Development; (3) Communication; (4) Discipline; (5) Self-Esteem; (6) Toddler Problems; (7) Sexual Development; (8) Managing Changes; (9) Health and Safety; and (10) Play. The leader's guide, in addition to session information for each of the 10 parent book chapters, contains information on working with groups, planning the course, anc planning a session. Appendices include a reference list, sample planning form, sample advertising poster, letter to parents, parent education registration, child care registration, course enrollment form, group attendance form, parent expectations sheet, session and course evaluation forms for participants, and a sample "Parenting Certificate." (EV)

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